

## March Madness Raffle to Benefit Burn Camp

Dr. Christine Krsko and Dr. Mandy Wolf of Krsko Chiropractic Clinic in Franklin, WI held a March Madness Raffle in their office to benefit children who will be attending a burn camp this summer. The winner of the raffle won a 32" flat screen T.V.. Tickets were sold for \$2 and were for sale during the month of March. Krsko Chiropractic raised \$375 with the help of their patients and community members. All of the money raised during the raffle will be donated to 2009 Wisconsin Alliance for Fire Safety (WAFS) Burn Camp to be held August 16-22 at Camp Timberlee in East Troy, WI. The WAFS joins with Columbia St. Mary's Regional Burn Center-Milwaukee, Children's Hospital-Milwaukee, and the University of Wisconsin Hospitals and Clinics for this burn camp.

Krsko Chiropractic is excited to help the over 80 children and teens who are expected to attend this year's camp. Young victims of burn injuries can face a long road back to healing, physically and emotionally. It's easy to feel like an outcast among your peers when you bear the scars of a serious burn. Burn camp helps these children feel just like one of the group.

Officials at the burn camp said that the money will go towards healthy snacks, personal hygiene products,

such as toothpaste, shampoo, deodorant, and Walmart gift cards for the children to purchase swim wear and summer clothes. Please contact Krsko Chiropractic at 414-525-9500 for more information about donating to the WAFS Burn Camp or visit [www.WAFS.org](http://www.WAFS.org).



Dr. Wolf and Tony S., the winner of the T.V., are pictured above. Tony and his parents have been patients at Krsko Chiropractic for years. It was very exciting that Tony won the March Madness T.V. Raffle, he is one of the biggest basketball fans that we know!

### Hours:

**Monday:**  
8 am to noon  
2 pm to 6 pm

**Tuesday:**  
8 am to noon  
Dr. Krsko only

**Wednesday:**  
8 am to noon  
2 pm to 6 pm

**Thursday:**  
Noon to 6pm  
Dr. Wolf only

**Friday:**  
8 am to 1 pm

**Saturday:**  
8am - 11am

**414-525-9500**  
[www.krskochiropractic.com](http://www.krskochiropractic.com)  
[krskochiro@hotmail.com](mailto:krskochiro@hotmail.com)

# Krsko Chiropractic Clinic Spinal Column

414-525-9500

Spring 2009

Patient Appreciation Events to Help Our

## Miracle Year of Wellness For Children

Dr. Krsko and Dr. Wolf have dedicated 2009 to a Miracle Year of Wellness! The focus this year is to provide extraordinary health benefits to all of our patients while, at the same time, raising donations for organizations that help benefit the children in our community.

### Patient Appreciation Day, Tuesday, May 5th. Schedule your appointment today!

Any existing patient may schedule an appointment for May 5 and receive a spinal adjustment and any necessary therapy at no charge. Donations will be welcomed towards our May fundraiser for Second Harvest's Kids Cafe Program to benefit hungry children.

~ and ~

### New Patient Special

During the **entire month of May** we are setting aside special time for new patients who you refer to us for care. New patients will receive the following services for only a **\$20 donation** to Second Harvest:

- Consultation and Health History
- Neurologic and Orthopedic Exam
- X-ray of one area if necessary
- Computerized foot scan to assess foot structure
- Report of findings with the doctor  
(up to a \$300 value)



The donations we receive will go towards a project called Kids Cafe by Second Harvest. Kids Cafe provides an evening meal to children between the ages of 6 and 17 who may not otherwise get enough to eat. Currently, Second Harvest provides food to seven Kids Cafe programs in Wisconsin, three located in Milwaukee. In addition to food, each cafe provides nutrition education, homework assistance, holiday dinners, gift boxes, and school supplies. Thank you in advance for helping us help Milwaukee's children.

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7000 South 76th Street  
Franklin, Wisconsin 53132

**KRSKO CHIROPRACTIC**

PresortedStandard  
US Postage  
PAID  
Milwaukee, WI  
Permit No. 1275

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## What Else Has Our Miracle Year of Wellness Done For Children So Far This Year?



In March, the office held a March Madness Raffle to win a 32" flat screen t.v.. This raffle helped us raise \$375 that was donated to the 2009 Wisconsin Alliance for Fire Safety (WAFS) Burn Camp to be held August 16-22 at Camp Timberlee in East Troy, WI. Please refer to page 4 of this newsletter for further information on the Burn Camp and to see the winner of the t.v..

In April, Krsko Chiropractic had a new patient special called "Don't Let Tax Stress Your System", which allowed new patients to receive first day services in exchange for a donation of \$10.40 to Second Harvest of Wisconsin's Peanut Butter and Jelly Challenge. PB&J sandwiches make great afterschool snacks that hungry kids can take home in their backpacks. In 2008, Second Harvest collected 49,509 pounds of peanut butter and jelly to help feed hungry kids.

## Is It Time To Get Back To Your Chiropractor?

**Q** It's been some time since I've been in the clinic and I've been doing well until just recently. I'd like to see the doctor again because I got such good results. When I come back, must I have new x-rays taken?

**A** In most cases, no. The doctor will review your health history with you. If there has not been any significant injuries or accidents since you were last in the clinic, and your x-rays are recent enough to be usable, you will probably not need x-rays.

**Q** Do you still have all my records and x-rays on file?

**A** Yes. We keep your record on file for a number of years after your care has ended.

**Q** If my original problem required a lot of treatment and I come back for the same problem, will I need as much treatment?

**A** Most likely no. In most cases where treatment substantially corrected misalignment, follow-up treatment for the same or similar condition within a few years is usually not nearly as extensive.

### IF YOU ARE EXPERIENCING ANY OF THE FOLLOWING PROBLEMS, CONTACT YOUR CHIROPRACTOR:

- Stiff or painful neck
- Back pain
- Numbness in arms or legs
- Stiff, aching back or neck, especially in the morning
- Tingling in hands or fingers
- Painful shoulders or upper back

**Just remember, pain is the last thing to appear when there is a problem.  
Don't wait to take care of your health.**

## May is Correct Posture Month

If you have not been in to see us for a year, we would like you to take advantage of this offer. Please tell your family and friends about this special offer as well and we'll do our part to handle their health needs.

Remember, spinal problems are often present long before any pain occurs. It is good health insurance to get a periodic chiropractic examination to ensure that you remain healthy.

*"An ounce of prevention is worth a pound of cure"*

### Here is what's included:

(with presentation of this ad)

- A Consultation and Health History
- An Orthopedic & Neurological Exam
- X-ray of one area only if needed
- Report of Findings
- Computerized Foot Structure Analysis
- A Value of up to \$300

During the entire month of May for only

# \$20.00

This fee will be donated to Second Harvest for their Kids Cafe Program for Hungry Children.

Appointments are limited. Call Today!!

**KRSKO CHIROPRACTIC**

Dr. Christine Krsko - Dr. Mandy Wolf  
7000 S. 76th St., Franklin, WI

# 414 . 525 . 9500

## Upcoming Events

**May is Correct Posture Month:** Check out our New Patient Special for only a **\$20 donation** to the Second Harvest.

<b>May 5</b>	<b>Patient Appreciation Day:</b> Complimentary Adjustment, donations to the Second Harvest will be appreciated.	
May 4-9	Mother's Day Referral Drawing	
May 13	How To Stay Young The First 100 Years free seminar	6:30pm
May 16	Dr. Wolf's Wedding	
May 15-26	Dr. Wolf will be out of the office, all patients will see Dr. Krsko	
<b>May 25</b>	<b>OFFICE CLOSED FOR MEMORIAL DAY</b>	
May 27	How To Stay Young The First 100 Years free seminar	6:30pm
June 10	How To Stay Young The First 100 Years free seminar	6:30pm
June 24	Dr. Wolf is giving a free lecture at the Franklin Library	6:00pm

### Upcoming Conditions of the Month

May	.....Scoliosis
June	.....Tension Headache
July	.....Sprains/Strains and Sports Injuries
August	.....Asthma/Allergies

During these months we will be offering complimentary consultations for people interested in getting help with these conditions.

Call **414-525-9500** for more information.